



CENTRAL CITY CONCERN SUPPORTIVE HOUSING



About Central City Concern

- **Who we serve** – yearly, more than 13,000 individuals experiencing homelessness and extreme poverty (single adults, older adults, teens, parents and children throughout the tri-county metro area.)
- **Who we are** – Formed in 1979 as a 501(c)3 non-profit organization providing housing, health and employment services to more than 13,000 unduplicated individuals yearly
- 46% of our employees self-identify as in recovery; 25% have experienced Central City Concern's programs first hand.
- **What we believe** – every person we serve has unique skills & talents that can enrich the health, security, sustainability, and quality of life for us all.

Transformative Care

Supportive Housing

Direct access to housing which supports lifestyle change.

Legitimate income for self-sufficiency

Attainment of income through employment or accessing benefits.

Homelessness

Addictions
Mental Illness
Chronic Health Problems
Trauma
Lack of Insurance
Unemployment
Criminality

Integrated Healthcare

Services highly effective in engaging people who are often alienated from mainstream systems.

Positive Peer Relationships

Relationships that nurture & support personal transformation and recovery.

Integrated Healthcare – Recovery from Mental Health & Addictions

Integrated Healthcare

Services highly effective in
engaging people who are
often alienated from
mainstream
systems.

“Now, I am a calmer person.
I use my coping skills, I’m a
good mother and my recovery
means everything to me.”

- *client*



CCC Supportive Housing

Direct Access to Housing Supportive of Lifestyle Changes

- Serving people overcoming homelessness, addictions, mental illness, chronic health conditions and/or criminal history
- A quality building cultivates a community of supportive peers and an atmosphere of dignity and respect.
- Collective Team effort with Mentors, Property Management, Case Management, Behavioral and Primary Care providers, Benefits and Employment Specialists



Affordable Housing

- 21 residential buildings (owned and/or managed) with nearly 1,600 units of affordable housing.
- 62% of units are alcohol & drug free community serving singles, families, veterans, corrections populations.
- 64% is mix of permanent housing including fair market affordable housing.



Choice Matters

Commitment to People, not Models

Permanent Supportive Housing

- Assertive Community Treatment (SMI)
- Housing Case Management
- Behavioral healthcare
- Primary healthcare
- Supported Employment
- Eviction Prevention/Remedies
- Mediation
- Mentoring
- Subsidy
- Transportation
- Acquisition of Benefits and Entitlements

Transitional ADFC Housing

- Peer Mentors 1:30
- Substance use treatment
- Co-occurring mental health
- Primary healthcare
- Supported Employment
- Mediation
- Recovery Community Supports
- Short-term Rent Assistance
- Resource and Referral
- Community Building Events
- Acquisition of Benefits and Entitlements

Community Engagement Program (CEP)

- ACT like Housing First Team works with people experiencing mental health issues, major disabilities, addictive disorders, physical healthcare, and chronic homelessness
- 269 Scattered Site Housing First vouchers and units
- Opportunities to move into Alcohol and Drug Free Community Housing
- 87% Retention 12 months post-placement



CEP Community Room

Old Town Recovery Center

- Outpatient, case management and ACT services for chronically mentally ill individuals using Housing First.
- Provides a community environment for clients.
- Team staffing formats to meet specific needs of clients such as those with multiple hospitalizations and those with co-occurring disorders (ie: alcohol/drug addiction)
- Integrated with Old Town Clinic



Living Room provides a comfortable place for clients to socialize and build community.

Recovery Housing and Support



New Construction
2004 – Harris Building

Alcohol and Drug Free Community Housing

- Referrals from Hooper Sub acute Detox and 7 Portland inpatient treatment providers
- Individuals choosing substance treatment and clean and sober housing
- Peer Case Managers 1:30 work with recipient on recovery community supports, permanent housing and earned income.
- Individuals with Primary Addiction disorders

152 ADFC Transitional Housing Unit 3 Yr. Outcomes

July 1, 2008 - June 30, 2011

- 878 Served
- 789 Exits
- 58% exits in recovery and permanent housing (457)
- 35% Employed at exit (276)
- 6% exit with SSI,SSDI (51)
- 80% remain housed clean and sober 12 months post exit

Employment Access Center

- Career center and computer skills training lab open to the public; reaches more than 3,000 yearly.
- Specialized programs with one-on-one employment assistance for nearly 1,000 people (Veterans, Prisoner Re-Entry, Families, Recovering Individuals).
- Over 700 individuals working in 2012 at an average pay or \$10.25/hour



Community Volunteer Corps (CVC)

- Volunteer work program for people who live in CCC Housing.
- Opportunity to learn and develop “soft” workplace skills.
- 12 Non profit organization partners
- 80 hours over 3- months commitment; small stipend, graduation and letter of recommendation.
- Referral to Employment Access Center.
- Many gain employment at Clean & Safe
- 70% complete CVC
- 35,000 hours of community service



CVC participant

Outcome Studies Supporting Choice

- Tri-County Supported Housing and Services Needs Assessment 2012:
<http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=135450>
- Supported Employment and ADFC Housing Study
Portland State University Regional Research Institute, 2010:
<http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=89434>
- Criminal Activity and Substance Use Study
Portland State University Regional Research Institute, 2008:
<http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=53398>
- Estimated Cost Savings Following Enrollment into Community Engagement Program:
<http://www.centralcityconcern.org/LiteratureRetrieve.aspx?ID=53400>

Supportive Housing: Choice Matters

Mentors

Resident
Service
Coordinators

Housing
Specialists

Employment
Specialists

Case
Managers

PCP

